

# Brad's Case Study



## What did you expect a Supported Internship to be like?

"I was not looking forward to the Supported Internship. I thought it was going to be boring but it was not at all, I did know that it was going to be hard work because Isobel kept telling us."

## How have you been supported and who by?

"I was supported by the Job Coach and the Tutor and the mentors from the NHS and the local care provider. I was given lots of pastoral care because I needed this to allow me to be good at work."

## Where have you worked and what have you learnt?

"I have worked in the hospital and a care home as a Domestic Assistant. I have learnt how to store and mix cleaning products safely and work as part of a team. I have learnt that I need to be reliable as well as hard working."



## What have you enjoyed most about your Supported Internship?

"I have really enjoyed working with Isobel (Tutor) and Sara (Job Coach), learning about the professional standards of work and how to do a job well without cutting corners. I have made lots of friends at work and have been on staff nights out with my new colleagues. It's great feeling like part of the team."



What do your family/support network think about your progress this year?

"My family and Social Worker are really proud of me and the changes that I have made and loved celebrating this at my graduation. It has not been an easy year but I have come through it, felt supported and I am ready to face the challenges that might lie ahead."

Where are you now and what is your 5-year plan?

"I have been offered a job as a domestic at the care home. I live independently in Kendal, I would like to be able to make my own choices about where I live, get a car and learn to drive and be happy."



How do you feel about your EHCP closing?

"I was pleased that this has been closed as I have never liked the meetings and I really feel that I have achieved all my targets."

What's your advice to a young person thinking of doing a Supported Internship?

"This is such a great opportunity and it will make sure you are supported in a good place to get meaningful, paid employment doing something you like."

