

Stammering

Why do children stammer?

Parents do not cause stammering. There is no one reason why your child has started to stammer.

It is usually a number reasons that are related, or happen at the same time. These might include:

Physical factors

- if your child is a boy. Boys are more likely to stammer more than girls
- if someone else in your family stammers there can be a family link
- if your child does not get enough sleep and seems tired

Speech and language factors

- if they have made really quick progress with their talking development
- if they are a little bit behind with their talking development
- if their speech is not clear

Emotional factors

- if they worry about things
- if they set high standards for themselves
- if they lack confidence

Environmental factors

- if they are very busy and have a lot going on
- if taking turns talking is difficult
- if they have a problem at nursery or school